

PHYSICIAN RELEASE

Dr. _____:

Your patient _____ would like to begin an exercise program and/or a sports activity at _____ . After reviewing his/her responses to our cardiovascular screening questionnaire, we would appreciate your medical opinion and recommendations concerning his/her participation in exercise/sports activities.

Please provide the following information and return this form to our fax number 301.261.7851.

Are there any specific concerns or conditions that this office should be aware of before this individual begins participating in exercise/sports activity at _____?

Yes

No

If yes, please specify: _____

If this individual has completed an exercise test in your office, please provide the following:

- **Date of test:** _____
- **A copy of the final exercise test report and interpretation.**
- **Your specific recommendations for exercise training, including heart rate limits during exercise.**

This individual may participate in exercise/sports activities at _____.

Yes

No, because: _____

Physician's signature: _____

Physician's printed name: _____

Address: _____

Phone: _____ Fax: _____

Thank you with your help in getting this patient started on an exercise/sports program.

Edger Therapy, P.A., is a musculoskeletal health, wellness and rehabilitation clinic. Our office is an evidence-based practice which conducts functional assessments and provides functional outcomes for those individuals suffering from the acute stages of pain and disability. Following the successful management of pain and disease the client will be promoted to a healthier lifestyle of fitness and injury prevention within the scope of our practice. Our patients will encounter a commitment to professional integrity, accountability and a willingness to exceed expectations.

Edger Therapy, P.A., is a preferred provider with Carefirst BlueCross and BlueShield and the Centers for Medicare and Medicaid. Edger Therapy is an out-of-network provider for all other insurance companies. The office will provide effective payment options for our patients and will function as a liaison between the patient and their insurance company regarding specific payment responsibilities.

Edger Therapy, P.A. accepts workman's compensation cases.

Thank you for allowing this office to participate in your medical and fitness needs.